

AGame

Skate Academy

Sign up fast and  
learn those skills!!!

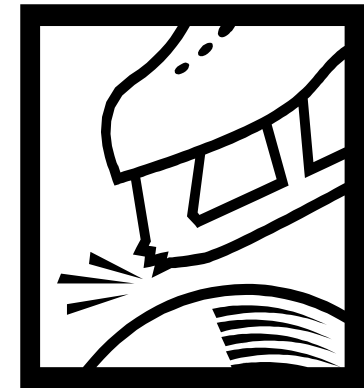


Stop by the office  
or call to Register!!  
778-9825

Southern Ice Arena  
215 Gothic Court  
Franklin, TN 37067



Learn  
-to-  
Skate  
SPRING  
2010



ICE SKATING  
CLASSES FOR THE  
WHOLE FAMILY!

215 Gothic Court  
[www.southerniceskateschool.com](http://www.southerniceskateschool.com)

Tel: 615-778-9825

## Ice Skating Lessons

### SPRING I:

March 1st-April 24th

(8 week classes \$140.00)

(Unlimited \$250.00)

### SPRING II:

April 26th-May 29th

(5 Week classes \$90.00)

(Unlimited \$150.00)

### CLASSTIMES:

MONDAYS 5:30-6:30 P.M.

THURSDAYS 5:30-6:30 P.M.

SATURDAYS 10:30-11:30 A.M.

## CLASSES OFFERED:

### TOT/SNOWPLOW SAM I Ages 3-5

Toys and games are used in this class to encourage confidence and the enjoyment of the learning experience.

### SNOWPLOW SAM 2 & 3

These classes are for the more advanced Snowplow Sam skater and are prerequisites for LTS Hockey

### BASIC I (Ages 6 and up)

This is the entry level class for learn-to-skate lessons. Groups will be further divided according to age and skating ability. Forward skating, balance, gliding, backward skating, and gliding on one foot will be taught.



### BASIC 2 through BASIC 5

These classes focus on more advanced skating skills. You must have the approval of your instructor before enrolling in these classes.

### TEEN/ADULT (Ages 13 and older)

This class will accommodate the beginner to intermediate level recreational skater. A great start for the older skater who doesn't want to be in class with little ones.

## SPECIALIZED SKATING PROGRAMS AND LESSONS

### FIGURE SKATING: BRIDGE

The prerequisite for this class is Basic 5. This class is for the aspiring figure skater and focuses on jumps, spins, and edgework. Skaters will advance from Basic 6-8 through beginning Freestyle levels. They will also have the opportunity to participate in our in-house competitions and ice show.

### LEARN TO SKATE HOCKEY

Great skaters make great hockey players! The learn-to-skate hockey programs are designed to teach skating skills specific to hockey and are a prerequisite to Southern Ice hockey programs.

- **HOCKEY I SKATING SKILLS** (Prerequisite Basic 2 or approval of Instructor)
- **ADVANCED HOCKEY SKATING SKILLS** (Prerequisite Hockey I)